




# MARCH

## Middle School Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>2nd</b> Nutri-Grain Strawberry Cereal Bar with Chocolate Chip Oatmeal Bites Apple Slices Apple Juice Milk	<b>3rd</b> Low Fat String Cheese with Strawberry Yogurt Chex Mix Apple Slices Apple Juice Milk	<b>4th</b> Whole Grain Bagel with Cream Cheese Fresh Banana Apple Juice Milk	<b>5th</b> Whole Grain Poptart Strawberry with Bug Bites Apple Slices Apple Juice Milk	<b>6th</b> Trix Yogurt with Strawberry Yogurt Chex Mix Fresh Banana Apple Juice Milk	 Start Smart Eat Breakfast Here!				
<b>9th</b> Oatmeal Chocolate Chip Cereal Bar Teddy Grahams Apple Slices Apple Juice Milk	<b>10th</b> Nutri-Grain Apple Cereal Bar with Chocolate Chip Oatmeal Bites Apple Slices Apple Juice Milk	<b>11th</b> Whole-Grain Chocolate Crescent Fresh Banana Apple Juice Milk	<b>12th</b> Whole Grain Poptart Frosted Fudge with Bug Bites Apple Slices Apple Juice Milk	<b>13th</b> Whole Grain Mini Cinni Roll Fresh Banana Apple Juice Milk					
<b>16th</b> Nutri-Grain Apple Cereal Bar with Bug Bites Apple Slices Apple Juice Milk	<b>17th</b> Whole-Grain Poptart Strawberry with Teddy Grahams Apple Slices Apple Juice Milk	<b>18th</b> Low Fat String Cheese with Strawberry Yogurt Chex Mix Fresh Banana Apple Juice Milk	<b>19th</b> Cocoa Puff Cereal Bar with Bug Bites Apple Slices Apple Juice Milk	<b>20th</b> Whole Grain Cherry Frudel Fresh Banana Apple Juice Milk					
<b>23rd</b> Cinnamon Toast Crunch Cereal Bar with Bug Bites Apple Slices Apple Juice Milk	<b>24th</b> Nutri-Grain Strawberry Cereal Bar with Teddy Grahams Apple Slices Apple Juice Milk	<b>25th</b> Chocolate Chip Banana Benefit Bar Fresh Banana Apple Juice Milk	<b>26th</b> Whole Grain Poptart Cinnamon with Bug Bites Apple Slices Apple Juice Milk	<b>27th</b> Whole Grain Mini Cinni Roll Fresh Banana Apple Juice Milk					
<b>30th</b> Trix Cereal Bar with Teddy Grahams Apple Slices Apple Juice Milk	<b>31st</b> Whole-Grain Apple Frudel Apple Slices Apple Juice Milk								

Upper Darby School District Middle School Breakfast Menu - All Student Have Access to Breakfast at No Cost!!



Low Fat Milk and Fresh Fruit Offered with Every Meal  
**Breakfast - A Great Way to Start Your Day**

Menu Items Do Not Contain Pork Product  
 Menu Subject to Change without Notice

